



**Keep
Yourself
SAFE from
MALARIA**

Visit your doctor 4-6 weeks before travel

- Prevent mosquito bites, especially at night.
- Take your antimalarial pills exactly as prescribed.
- If you get sick during or after your travel, it could be malaria: see a doctor immediately.



With the support of the
Flemish Agency for Care and Health

More info on www.itg.be

